



Grades 6-8:

Create a 15 second video about Kindness and upload to the Empty Stocking Fund website. You can use any type of recording app: You Tube, Tik Tok, iPhone videos. Be creative. The idea is to express what kindness means to you. Some prompts could be :

- Do you volunteer somewhere? Create a video clip.
- Do you know someone who is kind? Interview them or feature them on the video.
- Create a rap video about kindness.

Once you have created the video visit the Empty Stocking Fund website :

www.emptystockingfund.ca to upload your video

1. Scroll on the Home page to the “Kindness Initiative” box and choose a language
2. Enter your Name, Teacher’s name and School
3. Click “Select file” and choose the video you want to upload. It should start uploading as indicated by the blue bar. If it hasn’t uploaded in a few seconds or the progress has stalled, click cancel and try again.
4. Your video has been uploaded successfully if the green check mark appears on the right of the blue bar.

5. Click submit and the blue bar will turn white and your file name will appear below it.
6. Hit submit again and it will say "Processing"
7. Once it has been processed, you will have a notice that it has been successfully submitted.

All of these guidelines are suggestions. Please feel free to interpret the Kindness initiative however you think will engage the students creativity and enthusiasm. We appreciate your participation in this project as it is a key element in the Empty Stocking Fund fundraising initiative.

If you have any questions please contact Rob Fowler at Fowler.Rob@brunswicknews.com.